手書きバンドスコア

Lazy Stemy

作詞：北村俊雄  作曲：河本宏

解説
北村俊雄が学会長を務めた第9回日本血液学会国際シンポジウムで演奏するために、北村が作詞し、河本宏が作曲した。同シンポジウムは2018年7月27日（金）-28日（土）にグランドプリンスホテル京都で開催され、初日に催されたWelcome Receptionで初演した。この曲は、骨髄の奥深くにある造血ニッチに潜んでいる造血幹細胞が、なかなか自分の出番が回ってこないので、ゆっくりと自己複製を繰り返しているところから始まる。最後によく出番が回ってきた時、造血幹細胞は分化して種々の血液細胞を作り、感染や出血などの危機において役割を果たした。Lazy Stemyというタイトルについてだが、「Lazy」という言葉は「暇な」という意味でよく使われるが、「暇な」とか「やることが無い」という意味もある。「Stemy」は造血幹細胞君の名前で、「暇なStemy君」くらいの意味との事だ。

A song composed for 9th IJH International Symposium which was organized by Toshio Kitamura who wrote the lyrics for this song. This video shows the first play of “Lazy Stemy” at the welcome reception of the symposium. This song is about hematopoietic stem cells who are slowly self-renewing in the deep hematopoietic niche of bone marrow. Eventually, "Lazy Stemy" had a chance to generate all blood cells play important roles in protecting the body (world) when the body (world) faced an emergency.

歌詞
Deep in the dark side, just killing time
Away from the world, he’s waiting his turn
Longing for the outside, slowly self-renewing
Away from the world, he’s waiting his turn

He’s got the power to make whole sort of blood cells
Ready to escape from his freezing marrow niche
While other guys are working hard for daily routines
He’s just waiting for someone to call him someday

Deep in the darkness, his quiet life
Away from the world, he’s waiting his turn
Just pretends to do some stem cell work
Away from the world, he’s waiting his turn

He wants to move around, but always standing still
While the world keeps going on, no one won’t call him
The time goes on, and the end of this world keeps approaching
His turn may not come to him toward the dark end

Deep in the darkness, he got the power
Away from the light, he’s waiting his turn
Now he comes to know the time’s getting closer
Starting to proceed to his cell fate

His moments finally come, he takes off from his niche
In the bright new world, he makes his own progenies
Some fight with bacteria or viruses to protect this world
Some carry oxygen and others stop the bleeding

Now he has realized a dream to protect all this world
Getting into the winter sleep for unlimited time

ライブ映像（Youtube）：
https://www.youtube.com/watch?v=rqy53LXSpQc&feature=youtu.be
A tale of & blood stem cells
lyrics: Toshi Kitamura
music: Hiroshi Iwamoto
80 BPM

Deep on the drabside...
Em
Bm
Am
Em

Longen for the outside
While dorn to things a way to the world
unit for his town

G
K1
K2
B
D

Gt
Bm
Em
C
Em

He set the bone to make all bloods sibbing cells
ready to go up from the frosty

V
G
K1
K2
B
D
Deep in the darkness his sorrow life a way from the world unity for his turn.

Just pretend to some say all work a way from the world unity for his turn.
He is destined to keep clawing in his place while he keeps going on, no one won't tell him.

He may himself the world get exhausted but the world ceases leaving all alone.
Bb  Bb

G
K1
K2
B
D

Em  Bm  Em  G

Nothingness  he set the piece a h'ny from the sight  waiting for his turn

Deeper in the dark  he set the piece a h'ny from the sight  waiting for his turn
The two men finally leave the house to the side. In the bright world, we learn to make progress.

Am sing with heavy and powerful attacks. Some repair the wall in barn, o x y gen.